



COURSE OUTLINE

PSY102

Prepared: Social Sciences Department Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

Course Code: Title	PSY102: INTRODUCTION TO PSYCHOLOGY
Program Number: Name	:
Department:	SOCIAL SCIENCES
Semester/Term:	17F
Course Description:	A study of the science of psychology: its methods, concepts, and theories, including the topic areas of 1) brain, consciousness, sensation, and perception, 2) learning and memory, 3) intelligence, thought, and creativity, 4) motivation. Psychological concepts will be studied with a view towards how they can be applied to enhance the students' understanding of psychological adaptation and the causes and consequences of human behaviour.
Total Credits:	3
Hours/Week:	3
Total Hours:	45
Substitutes:	OEL109, PFP102
This course is a pre-requisite for:	CCW250, CCW317, CYC153, CYC250, CYW132, CYW210, CYW233, HSC104, OPA106, OPA207, PNG260, PSY204, PSY208, PSY218, SSC101, SSW211
Essential Employability Skills (EES):	<p>#1. Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>#2. Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>#5. Use a variety of thinking skills to anticipate and solve problems.</p> <p>#6. Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>#7. Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>#8. Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>#9. Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>#10. Manage the use of time and other resources to complete projects.</p> <p>#11. Take responsibility for ones own actions, decisions, and consequences.</p>
Course Evaluation:	Passing Grade: 50%, D



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Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Application Activity	5%
Assignments	25%
Class Activities	5%
Take Home Quiz (Modules 9 & 10)	5%
Tests (4)	60%

Books and Required Resources:

Introduction to Psychology by Rod Plotnik and Haig Kouyoumdjian
 Publisher: Nelson Education Canada Edition: 10th
 ISBN: 9781133939535

Course Outcomes and Learning Objectives:

Course Outcome 1.

Identify and describe the major approaches to psychology, the contributors, and the research methods.

Learning Objectives 1.

- Identify the key names in the history of psychology and their main contributions
- List and differentiate the five major approaches to psychology
- List and describe various methods of research design, including factors affecting research

Course Outcome 2.

Describe and explain the role that biology plays in the field of psychology.

Learning Objectives 2.

- Describe the structure and function of the central nervous system
- Describe the structure and function of neurons and the roles played by neurotransmitters and receptors
- List and describe the structure and function of the peripheral nervous system
- Explain the specialization of the cerebral hemispheres and the effects of brain damage



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- Describe the major endocrine glands, the hormones they secrete, and their principle functions

Course Outcome 3.

Describe and explain the relationships between sensation, perception, and behaviour.

Learning Objectives 3.

- List the senses and describe how sensory stimuli are experienced as sensations
- Describe the Gestalt principles of perceptual organization
- Identify factors that influence perception and categorize them according to biological, psychological, or environmental factors

Course Outcome 4.

Describe the different levels of human consciousness and the factors that influence them.

Learning Objectives 4.

- Distinguish and explain the different levels of sleep and consciousness
- Describe and differentiate how consciousness can be altered by hypnosis and drugs
- Describe and differentiate sleep disorders

Course Outcome 5.

Identify and describe the major learning theories.

Learning Objectives 5.

- Explain and differentiate classical, operant, and cognitive learning theories
- Explain the concept of operant conditioning and describe the main influencing factors
- Describe the various types of cognitive learning theories



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Course Outcome 6.

Describe the systems and processes involved in memory.

Learning Objectives 6.

- Explain and distinguish the different systems and processes involved in memory
- Compare the nature of remembering with forgetting
- Evaluate and apply current research to memory improvement

Course Outcome 7.

Recognize various concepts and controversies of intelligence and its measurement.

Learning Objectives 7.

- Explain the nature-nurture issues of intelligence
- Identify issues of cultural diversity as it relates to the use and misuse of IQ testing

Course Outcome 8.

Describe the physiological, cognitive, and behavioural components involved in the main theories of motivation.

Learning Objectives 8.

- Describe and identify the main theories of motivation
- Describe the “social motives” for achievement and competence

Date:

Wednesday, August 30, 2017

Please refer to the course outline addendum on the Learning Management System for further information.